



# South Bristol ICP



# Our Vision

*Our vision is to deliver meaningful care and support that enables individuals and communities in South Bristol to optimise their own wellbeing.*



# Our Shared Goals

Starting with an individual and the community in which they live, we work together to:

- **Understand** the root causes of health inequalities and the wellbeing challenges that people of all ages, their families and communities face in South Bristol.
- **Empower** individuals, families and communities to identify and realise solutions to enhance their wellbeing.
- **Enable** individuals, families and communities to access information and help themselves via self-care or with simple, understandable and genuinely integrated community-based support where the person is at the centre of every decision
- **'Pull in'** health, care and community expertise when it is needed.
- **Ensure** a powerful voice for the people of South Bristol in the wider BNSSG Integrated Care System.



In doing this, we seek to be **OF** the community, not just **IN** it.



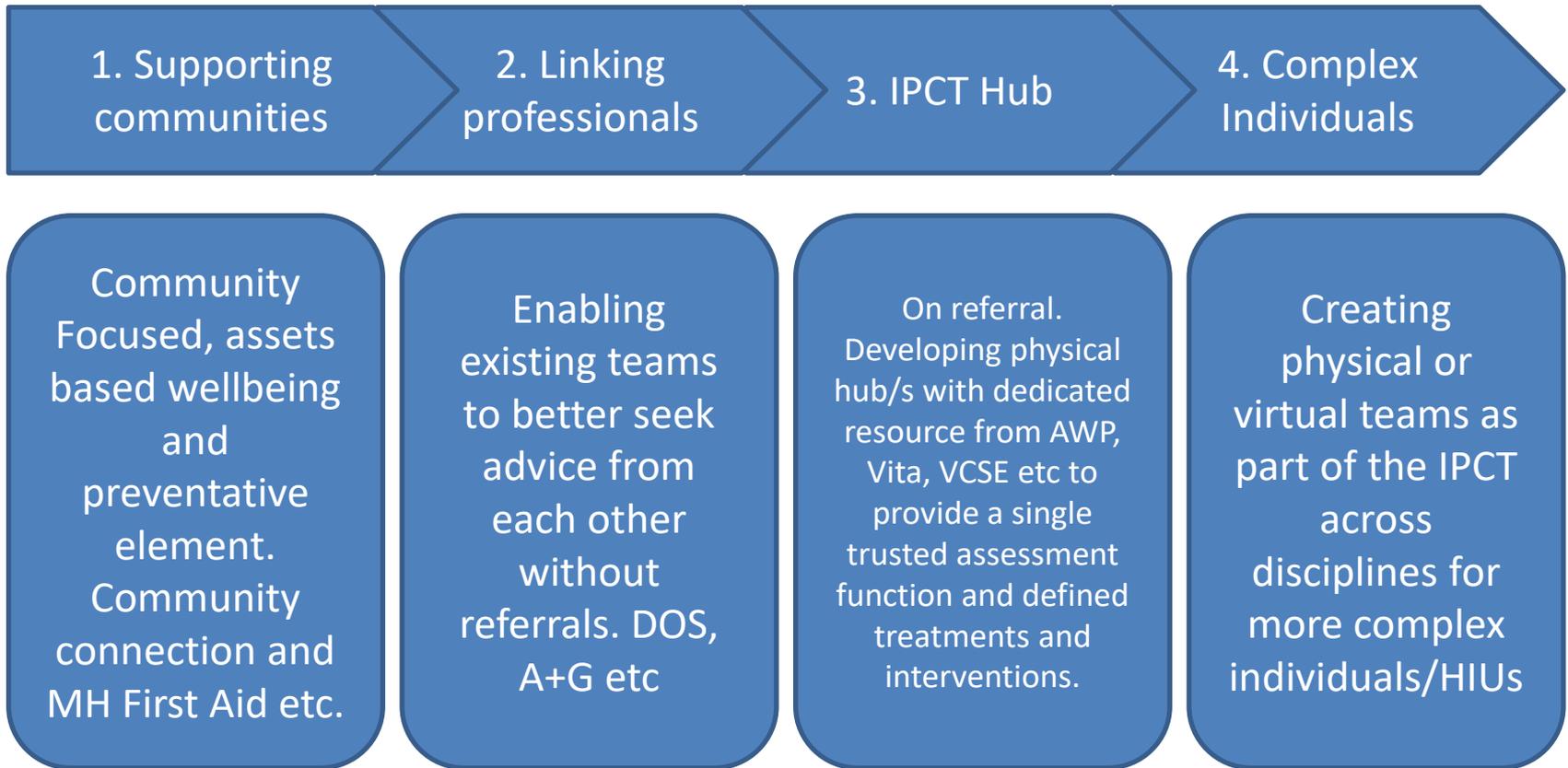
# Our Initial 3 Priorities

- Develop a new whole life model of **integrated community mental health support** with a wellbeing and prevention focus, using the Community Mental Health Framework to help us deliver it.
- **Work with residents of South Bristol** to identify what matters to them, focusing initially on Covid-19 then young people and families.  
  
Ensure that we provide **meaningful information** to communities and staff to help them manage their wellbeing.
- **Broaden multi-disciplinary team (MDT) ways of working** to enable proactive support for vulnerable people of all ages, achieved through different ways of working together.

# Where we are now

- Our **Collaborative Agreement** defines our vision, goals, values and priorities
- **Organisational Development** programme underway to:
  - strengthen collaboration
  - improve understanding of each other's roles/organisations
  - build a partnership culture
  - understand our relationship with the Integrated Care System and Primary Care Networks
  - help develop our governance and ways of working
- Agreed commitment to a **person-led and asset-based** community development approach
- Developing our local, tailored response to the **CMH** Operating Model
- Outputs of initial **JSSA** work to be shared shortly
- **Design Council** programme supporting our approach to improving wellbeing with a focus on mental health needs.
- South Bristol **ICP Newsletter** shares key info and messages

# Key Elements of our CMH Response



A focus on wellbeing and prevention as well as dedicated teams supporting those in need.  
A phased approach for the IPCT starting with high intensity users who fall between services.  
A holistic client centred approach, supporting trust building, engagement & stabilisation.

# IPCTs – more than a standard MDT

## MDT

- Team members hold the work
- Fixed membership
- SOPs, edges, boundaries between agencies
- Refers client for onward support
- Eligibility thresholds may conflict
- Protocol of support offers
- Limited time offer/sessions
- 'Pathways' create sequential interventions
- Team is 'person-centred'

## IPCT

- Core team manages work
- Virtual, extended team holds the work
- Flex membership to meet client need
- Employed by multiple agencies
- Draws support, as needed, from virtual members
- Lead worker has authority to act
- Client prioritizes interventions
- Unconditional & enduring – agencies do not withdraw
- Matches client experience of complexity
- Agencies are '*collectively* person-centred'

Developed, with thanks, from the My Team Around Me approach in Changes Bristol.

# Learning / What is working well

- Partners agreed to provide **consistent representation** on the Board which has helped build stronger relationships, trust and commitment
- Process of writing our Collaborative Agreement helped articulate our vision and values and ensure we are all **working together towards the same goals**
- Importance of investing time in **partnership development** to enable us to become an effective ICP
- Need to **involve local people and communities** more to understand what matters to them
- Need to work with our other ICPs and the wider system to develop co-working and essential governance aspects.

# Next Steps for Bristol ICPs

- ICPs continue working on Target Operating Model for CMH and wider model of care with support to enable them to deliver by April 2022 including continued expert support via Design Council, Expert Delivery Partner and National Support Consortia
- Ageing Well programme is adopting the model of care and approach to co-production and design
- Partner organisations and provider collaboratives are considering how they align with ICPs and give good support into partnerships at place level
- Strengthening links and activity across VCSE to ensure greatest possible connection with communities
- Delegation from ICB to ICPs and how we move from contractual arrangements to the delegation of budgets and accountability
- Core focus on developing ICP Alliance Agreements that will enable them to become load bearing, have robust and clear internal governance and financial arrangements to underpin the delivery and continued evolution of the model of care.



# Thank you

